

RIT Vegan Club



Blaze Pizza Fundraiser

- + Thanks to everyone who came!
- + 28% donation of \$50!



Upcoming Events

- + General Meetings
 - O Wed, 7-8 p.m. | CPC 2740
- + Game Changers Matinee
 - O Sat, Feb. 1, 1:30 p.m. | The Cinema Theater
- + Girl Scout Cookie Pre-Orders
 - Orders currently being taken
- → Imagine RIT
 - Theme brainstorm



Game Changers Matinee

- Solid link between plant-based diet and athletic performance
- → Healthy vegan food samples before the film from Abundance, Lori's, and Sweet Pea
- A panel of health professionals after the film, including Ian Cramer, the Plant-Based Cyclist
- At the Cinema Theater, Rochester's VEGAN movie theater with ALL VEGAN refreshments for you to enjoy during the film.

Admission is free, but priority will be given to those who reserve a ticket. The movie will be open captioned.



Girl Scout Cookies

- + Flavors:
 - Thanks-A-Lot
 - Girl Scout S'mores
 - Lemonades
 - Thin Mints
 - Peanut Butter Patties





RIT Dining Updates

- + RIT Labeling (Items to Recipes)
- + RIT Dining Survey meeting
- Tempeh Reuben
- ★ What to do if there's a dining issue:
 - https://docs.google.com/forms/d/e/1FAIpQLSdHQblvka PLKZPVtHD16neALMEs3llJsSG9yfRsMiVIu64nkA/view form?usp=sf_link



Vegan Recipe of the Week

Adriana's Fave 10-Minute Pasta

https://ohsheglows.com/2017/02/23/adrianas-f ave-10-minute-pasta-toddler-friendly/





Vegan Thing of the Week

France banning the shredding of live male chicks by the end of 2021

https://www.cnn.com/2020/01/ 29/europe/france-bans-chick-sh redding-scli-intl/index.html







+ Position available: President

- Preside over all E-board and general club meetings
- Preside over activism and dining services committees
- Oversee reserving of spaces for club events
- Act as the face of the club when meeting with other organizations
- Make executive decisions when the decision making model is otherwise rendered unoptional



Discussion: Imagine RIT

- Proposal Ideas so far:
 - "I Didn't Know It Was Vegan!"
 - Talk about "accidentally" vegan items
 - How To Eat Sustainably
 - Talk about how eating more plant-based meals lessens your carbon footprint
- How can we make it interactive?



Connect With Us!

Email List: ritveganclub@gmail.com

Facebook: RIT Vegan Club

Instagram: @ritveganclub

Campus Groups: campusgroups.rit.edu/rvc/home/

GroupMe: (scan QR code)

