

***Dear***

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***I have  
something  
to tell you.***

*I'm nervous about how you will react,  
but I hope you will support me.*

**I'm still the same person.**



***I'm***



*I know this might be shocking  
and take some adjusting.*

**That's okay.**



*Here are some resources to help you learn and understand.*

**We're not alone.**



**RIT Women, Gender & Sexuality  
Resource Center**

[rit.edu/studentlife/women-gender-and-sexuality-resource-center](http://rit.edu/studentlife/women-gender-and-sexuality-resource-center)

**RIT Counseling Center**

[rit.edu/counseling](http://rit.edu/counseling)  
585.475.2261

**The Trevor Project**

[thetrevorproject.org](http://thetrevorproject.org)  
866.488.7386

**LGBT National Help Center**

[lgbthotline.org](http://lgbthotline.org)  
888.843.4564

**PFLAG**

[pflag.org](http://pflag.org)

**Family Acceptance Project**

[lgbtqfamilyacceptance.org](http://lgbtqfamilyacceptance.org)

**GLSEN**

[glsen.org](http://glsen.org)



***Love,***

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