

RESOURCES

The Q Center staff is not certified to do professional counseling or respond to emergencies. If you witness or are involved in a bias-related incident, please contact one of RIT's professional service departments below:

Public Safety:

Emergency: 585-475-3333

Phone: 585-475-2853

rit.edu/fa/publicsafety

RIT Counseling Center:

Phone during office hours: 585-475-2261

After office hours: 1-855-436-1245

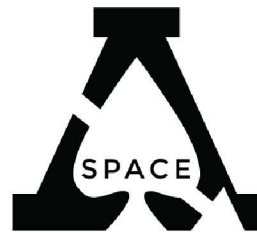
Center for Women and Gender:

Phone: 585-475-7464

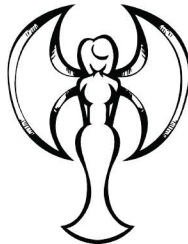
ritwom@rit.edu

rit.edu/studentaffairs/womenandgender

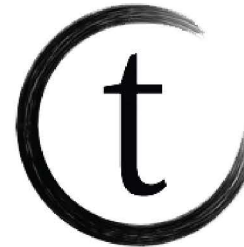
LGBTQIA STUDENT ORGANIZATIONS AT RIT



LABRYS



WOMEN'S ALLIANCE



ritGA

OUTspoken

enby



CENTER

Educating the RIT Community

Building Safe Spaces

Creating Allies

RIT
34 Lomb Memorial Drive
Rochester, NY 14623

SAU-A530

Phone: 585-475-6355

Email: qcenter@rit.edu

rit.edu/qcenter/

For more information visit:
rit.edu/qcenter/clubs

WHAT IS THE Q CENTER?

A friendly lounge for the RIT LGBTQIA community:

Our lounge offers couches, chairs, a TV, a Keurig machine, and a place to hang out and make new friends on campus.

Also available as a meeting space for any related student organizations on campus.

A resource center:

Come visit our library with over 150 books, pamphlets, magazines, brochures, and DVDs, all relevant to queer identities.

A safe zone:

Trained student workers maintain open hours Monday through Friday, 9am - 5pm. We are available and happy to discuss anything from queer-friendly event planning to private coming out experiences.

LGBTQ+ Affirmative Counseling:

Licensed therapist offering counseling / programs for LGBTQ+ specific concerns and general mental health issues

“The ache for home lives in all of us, the safe place where we can go as we are and not be questioned.”

-- Maya Angelou

QUEER COMMUNITY

Many people do not fit neatly into the category of “man” or “woman,” but exist somewhere along a spectrum of gender identity, expression, attraction, and sex that may or may not support this binary. Here are some components that form a person's identity:

Biological sex: A medically assigned identity based on physical packaging -- our chromosomes, hormones, and genitalia

Gender identity: A person's inner sense of being a man, woman, neither, or somewhere in-between

Gender expression: The ways in which a person externally communicates their gender identity to others, through characteristics like they way they chose to dress, speak, and act

Sexual Orientation: An emotional, romantic, sexual, affectionate, and relational attraction to other people. It is determined by the personally significant sexual or romantic attractions one has, and the way in which someone self-identifies

The gender and sexual minority community includes Lesbian, Gay, Bisexual, Transgender, Two-Spirit, Queer, Questioning, Intersex, Asexual, and many more. All this diversity occurs frequently throughout our culture, often without us noticing or sharing support that might be needed. We chose the letter Q as shorthand for all these identities.

SAFE ZONE TRAINING

Safe Zone training is a two-hour workshop to develop and cultivate workplace, school, and social spaces that are supportive of the LGBTQIA+ community. Our trainings cover gender and identity, supporting LGBTQIA+ students, and can be adapted to your department's needs.

If you're interested in attending a Safe Zone Training session, or want to offer it to your department, contact us at qcenter@rit.edu.

How To Be An Ally:

Use inclusive language with co-workers and strangers, such as 'partner' or 'spouse' instead of 'girlfriend / wife' or 'boyfriend / husband'.

Get in the habit of asking everyone for preferred name and pronouns during introductions and model this by doing it yourself first and going around the room so no one is singled out.

Remember that you can't assume another person's gender identity from a name or gender expression.

Stop harassment based on sexual orientation or gender when you see it happening

Talk with friends, neighbors, and co-workers about LGBTQIA+ issues and how they can be supportive

Vote in favor of LGBTQIA+ equality